

SEPTEMBER 2023

Atonement Lutheran K-8 Hot Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MILK FOR SCHOOL: SKIM WHITE LOW FAT WHITE SKIM CHOCOLATE MENU SUBJECT TO CHANGE				1 NO SCHOOL
4 HAPPY LABOR DAY	5 Corn Dog Ketchup Packet Vegetarian Baked Beans Seasonal Fruit Assorted Graham Cracker Choice of Milk	6 Mac and Cheese WG Pretzel Breadstick Sweet Peas Seasonal Fruit Choice of Milk	7 Turkey Hot Dog w/ WG Bun Ketchup or Mustard Celery Sticks Seasonal Fruit WG Apple Cinnamon Bear Grahams Choice of Milk	8 Chef Choice Italian Sub!!! With Cheese Slice WG Bun Mayo or Mustard Packet Baby Carrots Seasonal Fruit Choice of Milk
11 Sweet and Sour Chicken WG Brown Rice Broccoli Bites with Ranch Seasonal Fruit WG Chocolate Grahams Choice of Milk	12 Italian Meatball Sub Shredded Mozzarella Baby Carrots Seasonal Fruit Choice of Milk	13 Salisbury Steak w/Gravy Roasted Baby Baker Potatoes WG Biscuit w/ Grape Jelly Seasonal Fruit Choice of Milk	14 Chicken Soft Taco 1 WG Soft Tortilla Shredded Cheese Fiesta Black Beans Taco Sauce Packet Seasonal Fruit Choice of Milk	15 Domino's Pizza Smart Slice Garden Salad Dressing Packet Seasonal Fruit WG Goldfish Grahams Choice of Milk
18 Roasted Chicken Leg BBQ Sauce Packet Corn Bread Steamed Sweet Carrots Seasonal Fruit Choice of Milk	19 Beefy Nachos Shredded Cheese 2 Oz Tortilla Chips Taco Sauce Packet Fiesta Black Beans Seasonal Fruit Choice of Milk	20 WG Breaded Chicken Patty Sandwich on WG Bun w/ Mayo or Hot Sauce Steamed Green Beans Seasonal Fruit Choice of Milk	21 NO SCHOOL	22 NO SCHOOL
25 Pizza Sticks Marinara Dipping Sauce (1/4 cup) Baby Carrots Seasonal Fruit Choice of Milk	26 Teriyaki Chicken WG Brown Rice Broccoli Bites w/ Ranch Seasonal Fruit Choice of Milk	27 Pop Corn Chicken BBQ Sauce WG Eggo Maple Waffles Cucumber Slices w/ Ranch Seasonal Fruit Choice of Milk	28 BBQ Pork or Chicken Sandwich WG Bun Homestyle Coleslaw Steamed Corn Seasonal Fruit Choice of Milk	29 Southwest Burger WG Bun Ketchup Vegetarian Baked Beans Seasonal Fruit Choice of Milk

MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY

K-8 HOT LUNCH

This institution is an equal opportunity provider.