

Atonement Lutheran School

MCFI

4K-8 Cold Breakfast Menu



MAY 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 WG Cinnamon Bread 100% Orange Juice Applesauce Cup Choice of Milk	2 WG Golden Grahams Cereal String Cheese 100% Fruit Punch Dried Fruit Choice of Milk	3 WG Cheerios WG Maple Waffle Grahams 100% Apple Juice Fresh Banana Choice of Milk	4 WG Strawberry Filled Bagel 100% Fruit Punch Diced Peach Cup Choice of Milk	5 WG Frosted Flakes Cereal Local Vanilla Yogurt Cup 100% Apple Juice Fresh Banana Choice of Milk
8 WG Banana Bread 100% Orange Juice Applesauce Cup Choice of Milk	9 WG Vanilla Bear Grahams Apple Cinnamon Spread 100% Apple Juice Mixed Berry Cup Choice of Milk	10 WG Triple Berry Dunker Bar 100% Fruit Punch Fresh Banana Choice of Milk	11 WG Multigrain Cheerios Cereal Honey Roasted Sunflower Seeds 100% Orange Juice Diced Pear Cup Choice of Milk	12 WG Crunchmania Cinnamon Bun 100% Orange Juice Fresh Banana Choice of Milk
15 WG Frosted Mini Wheats Cereal WG Apple Cinnamon Bear Grahams 100% Fruit Punch Dried Fruit Choice of Milk	16 WG Chocolate Bear Grahams Chickpea Spread 100% Orange Juice Applesauce Cup Choice of Milk	17 WG Cinnamon Flakes Cereal WG Maple Waffle Graham 100% Apple Juice Fresh Banana Choice of Milk	18 WG Triple Berry Dunker 100% Fruit Punch Mixed Berry Cup Choice of Milk	19 WG Golden Grahams Cereal Local Peach Yogurt Cup 100% Orange Juice Fresh Banana Choice of Milk
22 WG Blueberry Muffin String Cheese 100% Apple Juice Peach Cup Choice of Milk	23 WG Cinnamon Filled Bagel 100% Orange Juice Strawberry Applesauce Choice of Milk	24 WG Vanilla Honey Bunches of Oats Spicy Sunflower Seeds 100% Apple Juice Fresh Banana Choice of Milk LAST DAY OF SCHOOL	25	26
29 MEMORIAL DAY	30	31		MILK FOR SCHOOL: SKIM WHITE LOW FAT WHITE SKIM CHOCOLATE MENU SUBJECT TO CHANGE

This institution is an equal opportunity provider.