



MCFI

4K-8 Cold Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>MILK FOR SCHOOL:</u> SKIM WHITE LOW FAT WHITE SKIM CHOCOLATE MENU SUBJECT TO CHANGE</p>		<p>1 WG Cinnamon Filled Minibagel Raisins Seasonal Breakfast Fruit Choice of Milk</p>	<p>2 NO SCHOOL~ WINTER BREAK</p>	<p>3 NO SCHOOL~ WINTER BREAK</p>
<p>6 WG Goldfish Pretzels Strawberry Banana Yogurt 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk</p>	<p>7 WG Crunchmania - Cinnamon Bun 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk</p>	<p>8 WG Honey Cheerios Cereal Bowl Hard Boiled Egg or String Cheese 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk</p>	<p>9 Apple Cinnamon Spread WG Honey Grahams 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk</p>	<p>10 WG Blueberry Bread Slice 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk</p>
<p>13 WG Cherry Apple Dunker Bar 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk</p>	<p>14 Creamy Chickpea Spread WG Animal Cracker 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk</p>	<p>15 WG Cinnamon filled Mini Bagel 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk</p>	<p>16 Honey Roasted Sunflower Seeds WG Corn Chex Cereal Bowl 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk</p>	<p>17 Vanilla Yogurt Cup WG Vanilla Bear Crackers 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk</p>
<p>20 WG Cinnamon Bread Slice 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk</p>	<p>21 String Cheese WG Golden Grahams Cereal Bowl 100% Fruit Juice Mixed Dried Fruit Choice of Milk</p>	<p>22 WG Cheerios Cereal Bowl WG Maple Waffle Crackers 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk</p>	<p>23 NO SCHOOL~ PARENT/TEACHER CONSULTATIONS 4pm - 7pm</p>	<p>24 NO SCHOOL~ PARENT/TEACHER CONSULTATIONS 8am – 12noon</p>
<p>27 WG Banana Bread Slice 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk</p>	<p>28 WG Vanilla Bear Crackers Apple Cinnamon Spread 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk</p>	<p>29 WG Triple Berry Dunker Bar 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk</p>	<p>30 WG Multigrain Cheerios Bowl Honey Roasted Sunflower Seeds 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk</p>	<p>31 WG Crunchmania - Cinnamon Bun 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk</p>