

Atonement Lutheran School

MCFI

4K-8 Cold Breakfast Menu



April 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MILK FOR SCHOOL: SKIM WHITE LOW FAT WHITE SKIM CHOCOLATE MENU SUBJECT TO CHANGE				1 NO SCHOOL – SPRING BREAK
4 WG Banana Muffin String Cheese Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	5 WG Cocoa Puffs WG Vanilla Sports Bites Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	6 WG Blueberry Nutrigrain Bar WG Granola Crispy Bites Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	7 WG Berry Rice Krispies Bar String Cheese Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	8 WG Rockin'ola Granola Yogurt Cup Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk
11 WG Strawberry Cream Cheese Filled Bagel Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	12 WG Raisin Bran WG Strawberry Grahams Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	13 WG Cinnamon Toast Crunch Soft Filled Bread Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	14 WG Strawberry Cheerios Bar Yogurt Cup Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	15 NO SCHOOL – GOOD FRIDAY
18 NO SCHOOL – EASTER BREAK	19 NO SCHOOL – EASTER BREAK	20 Whole Grain Cereal Whole Grain Crackers Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	21 Whole Grain Cereal or Cereal Bar Whole Grain Crackers Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	22 Whole Grain Crackers Yogurt Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk
25 Whole Grain Breakfast Muffin String Cheese Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	26 Whole Grain Cereal Whole Grain Crackers Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	27 WG CrunchMania Crackers Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	28 Whole Grain Cereal or Cereal Bar Whole Grain Crackers Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	29 NO SCHOOL – PROFESSIONAL DEVELOPMENT DAY