

Atonement Lutheran School

MCFI

Fuel4U Breakfast Menu



**March
2019**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MILK FOR SCHOOL: SKIM WHITE LOW FAT WHITE SKIM CHOCOLATE MENU SUBJECT TO CHANGE				1 Cinnamon Chex Chocolate Bear Graham 100% Juice Cup Seasonal Fruit Choice of Milk
4 WG Cheerios Honey Grahams 100% Juice Cup Seasonal Fruit Choice of Milk	5 Trix Cereal Cinnamon Grahams 100% Juice Cup Seasonal Fruit Choice of Milk	6 Fruity Cheerios Berry Bear Graham 100% Juice Cup Seasonal Fruit Choice of Milk	7 Rice Chex Berry Bear Graham 100% Juice Cup Seasonal Fruit Choice of Milk	8 Cocoa Puffs Cereal Cinnamon Grahams 100% Juice Cup Seasonal Fruit Choice of Milk
11 Frosted Flakes Cereal Chocolate Bear Graham 100% Juice Cup Seasonal Fruit Choice of Milk	12 Golden Grahams Cereal Chocolate Bear Graham 100% Juice Cup Seasonal Fruit Choice of Milk	13 Lucky Charms Cereal Honey Grahams 100% Juice Cup Seasonal Fruit Choice of Milk	14 Multi Grain Cheerios Strawberry Waffle Grahams 100% Juice Cup Seasonal Fruit Choice of Milk	15 Cinnamon Toast Crunch Cereal Vanilla Bear Graham 100% Juice Cup Seasonal Fruit Choice of Milk
18 Rice Chex Berry Bear Graham 100% Juice Cup Seasonal Fruit Choice of Milk	19 WG Cheerios Honey Grahams 100% Juice Cup Seasonal Fruit Choice of Milk	20 Cinnamon Chex Chocolate Bear Graham 100% Juice Cup Seasonal Fruit Choice of Milk	21 Trix Cereal Cinnamon Grahams 100% Juice Cup Seasonal Fruit Choice of Milk	22 Cinnamon Toast Crunch Cereal Vanilla Bear Graham 100% Juice Cup Seasonal Fruit Choice of Milk
25 NO SCHOOL SPRING BREAK	26 NO SCHOOL SPRING BREAK	27 NO SCHOOL SPRING BREAK	28 NO SCHOOL SPRING BREAK	29 NO SCHOOL SPRING BREAK
April 1 Lucky Charms Cereal Honey Grahams 100% Juice Cup Seasonal Fruit Choice of Milk	April 2 Cinnamon Chex Chocolate Bear Graham 100% Juice Cup Seasonal Fruit Choice of Milk			