

Atonement Lutheran School

MCFI

4K-8 Hot Lunch Menu



March 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MILK FOR SCHOOL: SKIM WHITE LOW FAT WHITE SKIM CHOCOLATE MENU SUBJECT TO CHANGE				1 Sloppy Joe on a Whole Grain Bun Steamed Green Beans Seasonal Lunch Fruit Choice of Milk
4 Swedish Meatballs Whole Grain Pasta Whole Grain Soft Pretzel Baby Carrots with Ranch Seasonal Lunch Fruit Choice of Milk	5 Chicken Breast Fillet with BBQ Whole Grain Cornbread Baked Beans Seasonal Lunch Fruit Choice of Milk	6 WG Cheese Pizza Sticks with Marinara Dipping Sauce Romaine Lettuce with Ranch Seasonal Lunch Fruit Choice of Milk	7 Kid's Classic Asian-Glazed Boneless Chicken Wings Pretzel Goldfish Steamed Corn Seasonal Lunch Fruit Choice of Milk	8 Brunch for Lunch Whole Grain Pancakes (2) with Syrup Yogurt Cup String Cheese Sunset Sip Vegetable Juice Seasonal Lunch Fruit Choice of Milk
11 Asian Chicken Whole Grain Brown Rice Assorted Graham Cracker Baby Carrots with Ranch Seasonal Lunch Fruit Choice of Milk	12 Chicken Fajitas on Whole Grain Tortillas Taco Sauce Fiesta Beans Seasonal Lunch Fruit Choice of Milk	13 Cheeseburger on a Whole Grain Bun with Ketchup Baby Carrots with Ranch Seasonal Lunch Fruit Choice of Milk	14 Kid's Classic Whole Grain Chicken Nuggets with BBQ Sauce Cheez-It Crackers Steamed Corn Seasonal Lunch Fruit Choice of Milk	15 NEW! Homemade Beef Lasagna Whole Grain Dinner Roll with Margarine Romaine Salad with Ranch Dressing Seasonal Lunch Fruit Choice of Milk
18 Beef and Cheese Burrito Taco Sauce Assorted Graham Cracker Ranchero Beans Seasonal Lunch Fruit Choice of Milk	19 Meatball Sub with Mozzarella Cheese on a Whole Grain Bun Crunchy Broccoli with Ranch Seasonal Lunch Fruit Choice of Milk	20 Shredded BBQ Turkey Sandwich on a Whole Grain Bun Roasted Sweet Potatoes Seasonal Lunch Fruit Choice of Milk	21 Kid's Classic Breaded Chicken Patty Sandwich on a Whole Grain Bun with Mayo Steamed Peas Seasonal Lunch Fruit Choice of Milk	22 WG Cheese Calzone with Marinara Dipping Sauce Assorted Graham Cracker Steamed Carrots Seasonal Lunch Fruit Choice of Milk
25 NO SCHOOL SPRING BREAK	26 NO SCHOOL SPRING BREAK	27 NO SCHOOL SPRING BREAK	28 NO SCHOOL SPRING BREAK	29 NO SCHOOL SPRING BREAK

This institution is an equal opportunity provider.