

Atonement Lutheran School

MCFI

Fuel4U Breakfast Menu



February 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MILK FOR SCHOOL: SKIM WHITE LOW FAT WHITE SKIM CHOCOLATE MENU SUBJECT TO CHANGE				1 Cinnamon Chex Chocolate Bear Graham 100% Juice Cup Seasonal Fruit Choice of Milk
4 WG Cheerios Honey Grahams 100% Juice Cup Seasonal Fruit Choice of Milk	5 Trix Cereal Cinnamon Grahams 100% Juice Cup Seasonal Fruit Choice of Milk	6 Rice Chex Berry Bear Graham 100% Juice Cup Seasonal Fruit Choice of Milk	7 Cinnamon Toast Crunch Cereal Vanilla Bear Graham 100% Juice Cup Seasonal Fruit Choice of Milk	8 Cocoa Puffs Cereal Cinnamon Grahams 100% Juice Cup Seasonal Fruit Choice of Milk
11 Frosted Flakes Cereal Chocolate Bear Graham 100% Juice Cup Seasonal Fruit Choice of Milk	12 Fruity Cheerios Berry Bear Graham 100% Juice Cup Seasonal Fruit Choice of Milk	13 Golden Grahams Cereal Chocolate Bear Graham 100% Juice Cup Seasonal Fruit Choice of Milk	14 Multi Grain Cheerios Strawberry Waffle Grahams 100% Juice Cup Seasonal Fruit Choice of Milk	15 NO SCHOOL WINTER BREAK
18 NO SCHOOL WINTER BREAK	19 WG Cheerios Honey Grahams 100% Juice Cup Seasonal Fruit Choice of Milk	20 Cinnamon Chex Chocolate Bear Graham 100% Juice Cup Seasonal Fruit Choice of Milk	21 Trix Cereal Cinnamon Grahams 100% Juice Cup Seasonal Fruit Choice of Milk	22 Cinnamon Toast Crunch Cereal Vanilla Bear Graham 100% Juice Cup Seasonal Fruit Choice of Milk
25 Cocoa Puffs Cereal Cinnamon Grahams 100% Juice Cup Seasonal Fruit Choice of Milk	26 Frosted Flakes Cereal Chocolate Bear Graham 100% Juice Cup Seasonal Fruit Choice of Milk	27 Fruity Cheerios Berry Bear Graham 100% Juice Cup Seasonal Fruit Choice of Milk	28 Golden Grahams Cereal Chocolate Bear Graham 100% Juice Cup Seasonal Fruit Choice of Milk	

This institution is an equal opportunity provider.