

Atonement Lutheran School

MCFI

4K-8 Hot Lunch Menu



February 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MILK FOR SCHOOL: SKIM WHITE LOW FAT WHITE SKIM CHOCOLATE MENU SUBJECT TO CHANGE				1 Meatball Sub with Mozzarella Cheese on a Whole Grain Bun Steamed Green Beans Seasonal Lunch Fruit Choice of Milk
4 Asian Chicken Whole Grain Brown Rice Assorted Graham Cracker Baby Carrots with Ranch Seasonal Lunch Fruit Choice of Milk	5 WG Cheese Pizza Sticks with Marinara Dipping Sauce Crunchy Broccoli with Ranch Seasonal Lunch Fruit Choice of Milk	6 Brunch for Lunch Chicken Sausage Patty, Egg and Cheese Breakfast Sandwich on a Whole Grain Biscuit Grape Jelly Sunset Sip Vegetable Juice Seasonal Lunch Fruit Choice of Milk	7 Kid's Classic Whole Grain Chicken Nuggets with BBQ Sauce and Assorted Graham Cracker Steamed Peas Seasonal Lunch Fruit Choice of Milk	8 Shredded Turkey Taco (1) on Whole Grain Tortilla with Lettuce, Cheese and Taco Sauce Whole Grain Pretzel Stick NEW! Ranchero Beans Seasonal Lunch Fruit Choice of Milk
11 NEW! Breaded Chicken Leg Whole Grain Cornbread Steamed Carrots Seasonal Lunch Fruit Choice of Milk	12 Philly Cheesesteak Sandwich on a Whole Grain Bun with Mozzarella Cheese Steamed Corn Seasonal Lunch Fruit Choice of Milk	13 Beef Nachos with Cheese, Shredded Lettuce and Tortilla Chips Taco Sauce Fiesta Beans Seasonal Lunch Fruit Choice of Milk	14 Kid's Classic WG Meat Calzone with Marinara Dipping Sauce with Romaine Salad with Ranch Seasonal Lunch Fruit Choice of Milk	15 NO SCHOOL WINTER BREAK
18 NO SCHOOL WINTER BREAK	19 Asian Chicken Whole Grain Brown Rice Assorted Graham Cracker Baby Carrots with Ranch Seasonal Lunch Fruit Choice of Milk	20 Homemade Chili with Cheese Whole Grain Cornbread Whole Grain Pasta Seasonal Lunch Fruit Choice of Milk	21 Kid's Classic Domino's Cheese Pizza with Romaine Salad and Ranch Dressing Seasonal Lunch Fruit Choice of Milk	22 NEW! All Natural Whole Grain Corn Dog with Ketchup (2) Roasted Potatoes Seasonal Lunch Fruit Choice of Milk
25 Brunch for Lunch Whole Grain Pancakes (2) with Syrup Chicken Sausage (1) Yogurt Cup Sunset Sip Vegetable Juice Seasonal Lunch Fruit Choice of Milk	26 Roasted Turkey with Gravy Mashed Potatoes Whole Grain Biscuit Seasonal Lunch Fruit Choice of Milk	27 Whole Grain Cheese Ravioli with Mozzarella Cheese Whole Grain Breadstick Pretzel Goldfish Crackers Crunchy Broccoli with Ranch Seasonal Lunch Fruit Choice of Milk	28 Kid's Classic Breaded Chicken Patty Sandwich on a Whole Grain Bun with Mayo Steamed Mixed Vegetables Seasonal Lunch Fruit Choice of Milk	

This institution is an equal opportunity provider.